



AUSTRALIA'S LEADING
HEALING & LOSS EXPERT
SHARING THE LESSONS OF LIFE,
TRANSFORMING THE FEAR OF DEATH,
& CELEBRATING THE POWER OF *love.*

SHARON MUSCET is one of Australia's foremost experts on healing and loss. As one of the countries' most sought after celebrants, Sharon has worked alongside thousands of individuals experiencing the realities of death; giving her privileged insight into not only how to cope with grief and loss, but more importantly, the life lessons learned from those who pass.

A life-threatening accident and near-death experience led Sharon to walk away from a successful international corporate career in PR & Marketing. Her journey as a celebrant began after a friend asked her to speak at her Father's funeral and from that moment Sharon's life would change forever.

Since 2011, Sharon has conducted several hundred "celebrations of life" for families grieving the loss of a loved one and speaks about death to approximately 1000 people per week.

Today Sharon is also called upon as a celebrated keynote speaker to share powerful stories, life lessons and love stories from those who have passed with a view of helping others live their best life. With wisdom and grace, Sharon is changing the conversation that comes with death from one of fear to one of love. Inspiring audiences all over the country to reflect on their own life, transform them to take action and change not only the way they die but the way in which they live their life. Sharon is the mother of two incredible boys and travels from Adelaide, Australia all over the world delivering these important messages.

INSPIRING, INSIGHTFUL, IMPACTFUL ... On hearing Sharon talk for the first time, she literally turned my perception of death and loss on its head. I have never heard anything like it. She totally enlightened me. The way she weaves story after story in her delivery is beautiful. Sharon is the right person to deliver this message to the world. She is amazing.

SAM CAWTHORN
International Motivational Speaker, Success Coach, Self-Help Author and Entrepreneur.



TOPIC 1 7 LIFE LESSONS LEARNED THROUGH LOSS POWERFUL STORIES TO LIVE YOUR BEST LIFE

Sharon is Australia's leading healing and loss expert. Her experience working alongside thousands of individuals experiencing the realities of death has given her privileged insight into not only how to cope with grief and loss, but more importantly, the life lessons learned from those who pass.

With wisdom and grace, Sharon shares powerful and moving stories which will inspire you to reflect on your own life and transform you to take action.

You will discover:

- 7 Life Lessons that WILL change your life.
- Incredible life stories that will motivate you to step forward in the direction of your dreams.
- Powerful ways to live your best life.

TOPIC 2 GRIEF & LOSS: THE "SILENT" OCCUPATIONAL PHENOMENON UNDERMINING PERFORMANCE AT WORK 5 STRATEGIES TO PROVIDE ADEQUATE INTERVENTION TREATMENT

The World Health Organisation has declared "burnout" as an occupational phenomenon that undermines how well people perform at work. However there is a "silent" occupational phenomenon given little attention. Grief and loss touches everyone and has a major impact on an individual's ability to attend work, let alone perform effectively. In some work settings, it may also impact on their safety.

Research indicates that 25% of workers took time off for grief/loss related reasons. It is estimated that Australian organisations lose more than \$6.5 billion annually for failing to provide adequate intervention treatment*.

*SOURCE: WWW.GRIEF.ORG.AU

Sharon discusses:

- The impact of grief and how to respond appropriately.
- Ways to support and communicate with those experiencing grief.
- 5 strategies for Management to provide adequate intervention treatment.

TOPIC 3 SETBACK IS YOUR COMBACK HOW TO TRANSFORM LOSS INTO OPPORTUNITY

Experiencing loss can be debilitating. Loss comes in many forms - the loss of a loved one, a marriage, money or a job. How do you use this grief, these setbacks, and loss to move forward?

Sharon has experienced significant loss in her life with an accident which forced her to move back to Australia and start again, and then the loss of her marriage and financial stability. Sharon works as a funeral celebrant and has worked with thousands of families who are dealing with loss and grief. Through her work and life experiences she discovered there are 5 Principles to overcome loss and make a setback your greatest comeback.



Sharon lives, eats and breathes her message of 'The Love in Death'. She is on the cusp of being THE global expert on changing the way society views death and loss. It won't be long before Sharon Muscet is a household name.

JODIE SPITERI-JAMES Success Coach and
Communication Professional, Speakers Institute

